



Joseph (Jo) Schoeman

UROLOGICAL SURGEON

FRACS, FCS (Urol) SA, MBChB (Pret, SA)
291247DJ/ 2912477T

INCONTINENCE QUESTIONNAIRE - ICIQ-SF

Name: _____ DOB: _____ Date: _____ Male / Female
(Initial & Surname) (Circle)

Over the past month:

1. How often do you leak?

- never 0
- once a week or less 1
- two to three times a week 2
- once a day 3
- several times a day 4
- all the time 5

2. How much urine do you usually leak, whether you wear protection or not?

- none 0
- small amounts 2
- moderate amounts 4
- large amounts 6

3. Overall, how much does *leaking urine interfere* with your everyday life?

- on a scale of 0 (*not at all*) to 10 (*a great deal*)
- 0 1 2 3 4 5 6 7 8 9 10

Total: 1 + 2 + 3 /21

4. When does your urine leak?

- Never
- Before reaching the toilet
- Coughing and sneezing
- Asleep
- When physically active or with exercise
- When you have finished urinating
- No obvious reason
- All the time