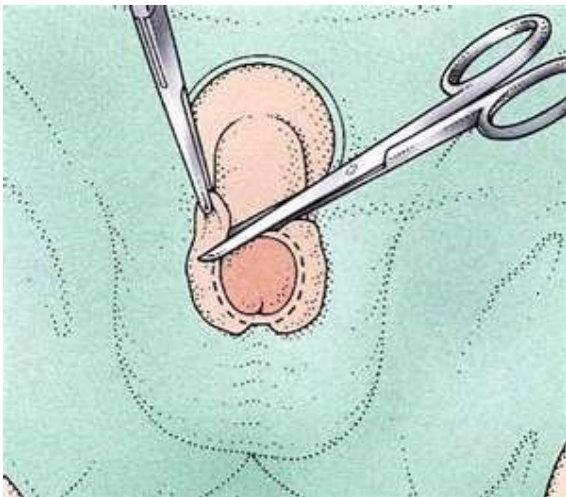


## What to expect after the procedure

- Any anaesthetic has its risks and the anaesthetist will explain such risks.
- Bleeding is a common complication.
- With any subsequent erections post operatively, the sutures may pull out causing an opening of the wound with subsequent bleeding.
- An infection of the wound can occur if the dressings are left on too long.
- If the dressing has been applied too tightly, or if there is any discomfort, please remove the dressing immediately. If some hemorrhaging re-occurs, REDO the dressing!
- In very young patients, the foreskin may still be attached to the head of the penis, thus leaving a raw and red glans penis after surgery. Keep the affected area clean and apply ointment as prescribed.
- NB! Each person is unique and for this reason symptoms may vary!



## What next?

- The dressing should be removed in a bath 48 hours after the procedure.
- The dressing should be soaked until it comes off with ease.
- The dressing may sometimes adhere to the wound causing slight bleeding on removal. Don't panic the bleeding will stop.
- As soon as the dressing has been removed, Bactriban (or similar) ointment should be applied on the wound twice a day.
- This may not be required if the foreskin was not adhered to the glans penis.
- On discharge a prescription may be issued for the patient to collect.
- A follow-up appointment should be scheduled to see Dr Schoeman within 2 weeks.
- Please don't hesitate to direct all pre-operative queries to Dr Schoeman's rooms.
- **PLEASE CONTACT THE HOSPITAL WITH ANY POST-OPERATIVE CONCERNS AND RETURN TO THE HOSPITAL IMMEDIATELY SHOULD THERE BE ANY SIGNS OF SEPSIS.**

**Jo Schoeman**  
FRACS, FCS (Urol) SA, MBChB

The Wesley Hospital  
Suite 46 Level 4  
The Wesley Medical Centre  
24 Chasely Street  
AUCHENFLOWER QLD 4066

Ph: 07)3371-7288  
Fax: 07) 3870-5350  
E-mail: jo@urojo.com.au  
Emerg: 0403 044 072

[www.drjoschoeman.com.au](http://www.drjoschoeman.com.au)

# Urologist



**Dr Jo Schoeman**  
Specialist Urologist

## PATIENT INFORMATION BROCHURE

## *CIRCUMCISION + PENILE BLOCK*

See this live on:  
[vidscrip.com/urojo](http://vidscrip.com/urojo)

Patient well-being is my first priority!

# Circumcision

## Why is it done?

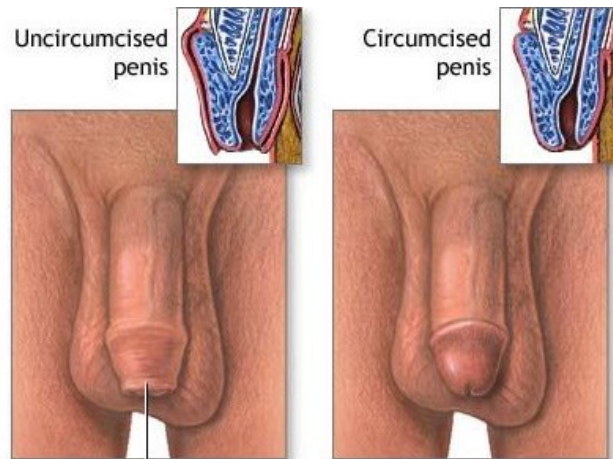
- Religious reasons
- Health reasons
- Personal reasons
- Medical reasons:
  - ⇒ Narrowing of foreskin (phymosis)
  - ⇒ Foreskin stuck behind head of penis (paraphymosis)
  - ⇒ Severe infection of the foreskin and head of penis
  - ⇒ Cancer of the foreskin
  - ⇒ Trauma

## Pre-requirements

- An informed consent is required from the patient.
- Patients may not eat or drink from midnight the previous evening.
- Toddlers may still have feeds up to 6 hours before the procedure.
- Patients are to refrain from smoking before the procedure.
- **Patients allergic to IODINE/CHLORHEXIDENE must clearly state this to theatre staff and Dr Schoeman.**
- Any anti-coagulants such as Warfarin should be stopped 7 days prior to surgery.
- This is a day surgery procedure and can also be done under a penile Block (Local Anaesthesia).

## How is it done?

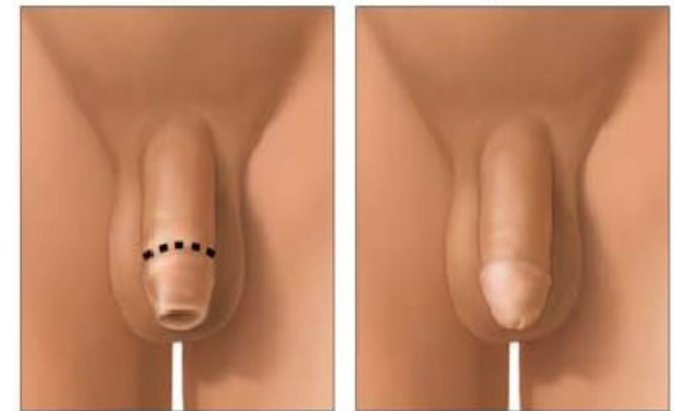
- This is done under general anaesthetic.
- A cut is made at the level of the glans penis, circumferentially around the penis, through the skin.
- The foreskin is then retracted and a second incision is made circumferentially around the base of the glans penis.
- The skin between the 2 incisions is then surgically removed.
- Dissolvable sutures are then placed between the 2 remaining edges.
- A Jelonet and Bactriban dressing is then placed tightly around the penis, still allowing urine to pass through the end.
- A local anaesthetic is injected into the base of the penis thus giving post-operative pain relief for the next 4-6 hours.



## Neonatal Circumcision

- This is done under local anaesthetic with a penile block.
- The baby is held firm by an assistant standing behind him, keeping his upper legs apart
- This is usually done within the first 6-12 weeks of life.
- Usually a religious indication: Judaic, Islamic practice
- Cultural: African tribes etc

**Modern society dictates that this may be unacceptable as personal choice has been removed. Careful consideration by parents is to be given regarding this procedure**



**Unfortunately no infants younger than 12 months can be operated on in any of the private hospitals  
ONLY at Children's Hospital**