

Rezūm Therapy



Ejaculation-Sparing Minimally Invasive Surgical Therapy for BPH

What is it?

Rezūm Water Vapor Therapy is a non-surgical treatment that uses the natural energy stored in water vapor, or steam, to remove excess prostate tissue that is pressing on the urethra.

How is it done?

Under a GA, day procedure

Via a cystoscopy administering steam injections to the enlarged lateral and mid-lobes of the prostate

During each 9-second treatment, sterile water vapor is released throughout the targeted prostate tissue. When the steam contacts the prostate tissue, all the stored energy is released into the tissue.

Over time, your body's natural healing response absorbs the treated tissue, shrinking the prostate. With the extra tissue removed, the urethra opens, reducing BPH symptoms.

End result

Most patients begin to experience symptom relief in as soon as two weeks, and maximum benefit may occur within three months. Patient responses can and do vary.

Side effects

Not all prostates are suitable depending upon the size and anatomy

It requires the placement of a catheter for 3-5 days following the procedure, due to the initial swelling of the prostate

Some discomfort when urinating may be experienced in the 4-6 week period following the treatment, and this may also be accompanied by blood in the urine or semen (this is similar to other treatments)

Rezūm cannot be performed on patients who have a penile prosthesis or urinary implant.



URO-JO

Keeping your prostate happy

Dr Jo Schoeman

Offices:

Suite 46, Level 4

The Wesley Medical Center

WESLEY Hospital Auchenflower

Visiting:

St Andrews War Memorial Hospital

Caboolture Private Hospital

Functional Urologist

- BPH - minimally invasive surgeries, Greenlight laser Vaporization, Robotic Assisted Enucleation
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07) 3371-7288

F 07) 3870-5350

admin@urojo.com.au