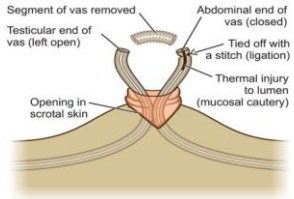
3 THE PROCEDURE

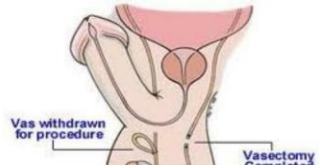
ANAESTHESIA

Vasectomy may be performed under local anaesthesia, sedation or general anaesthesia. A cord/local block can provide additional pain relief. Your anaesthetic plan will be discussed before surgery.

SURGERY

A single small midline scrotal incision is made. Each vas deferens is brought through the same opening, divided and occluded. A short segment may be removed; the ends are sealed and separated within different tissue layers. The small wound is then closed or dressed.





CORD / LOCAL BLOCK

- Provides additional local pain relief
  Helps reduce early postoperative discomfort
- Usually wears off gradually after surgery

Most patients are discharged home the same day once comfortable and mobile.

CONTACT & FOLLOW-UP

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SEMEN ANALYSIS

A postoperative review can be arranged if required. Semen testing is essential before stopping contraception.

This brochure provides general information only and does not replace personalised medical advice. Follow the specific instructions given by your surgeon and anaesthetist.

Urologist

Dr Jo Schoeman
UROLOGIST

PATIENT INFORMATION BROCHURE

VASECTOMY

Scan website
drjoschoeman.com.au

Permanent contraception: procedure, recovery and semen clearance.

Please visit drjoschoeman.com.au for more information

1 WHY IS VASECTOMY DONE?

Vasectomy is a permanent method of male contraception. It is intended for men who are certain they do not want children, or do not want any more children.

IMPORTANT CONSIDERATIONS

- Completed family or permanent contraception desired
- Should be regarded as permanent
- Reversal or sperm retrieval may be possible, but fertility is not guaranteed
- Does not normally affect testosterone, libido, erections or orgasm
- Does not protect against sexually transmitted infections

2 BEFORE YOUR PROCEDURE

- Tell the team about all medicines, supplements, allergies and bleeding disorders
- Follow fasting instructions exactly if sedation or general anaesthesia is planned
- Do not stop blood thinners unless specifically instructed by your treating team
- Shower before hospital; shave/clip only if instructed
- Bring firm supportive underwear and arrange transport home if required

Do not stop aspirin, warfarin, clopidogrel or other blood-thinning medication unless specifically instructed.

4 AFTER YOUR PROCEDURE

SWELLING & BRUISING

Mild scrotal discomfort, bruising and swelling are common for several days and should gradually improve.

DRESSING & WOUND

Keep the wound clean and dry and follow dressing instructions. Shower once advised; avoid soaking until the wound has sealed.

PAIN RELIEF

Use the pain medicines recommended by your treating team. A cord/local block may provide several hours of additional relief.

SUPPORT & ICE

Wear firm supportive underwear for the first few days. Wrapped ice packs can help swelling during the first 24 hours.

ACTIVITY

Rest on the day of surgery. Avoid heavy lifting, cycling and vigorous exercise for about 7 days, or longer if uncomfortable.

CONTRACEPTION

Vasectomy is not immediately effective. Continue your usual contraception until post-vasectomy semen analysis has been formally cleared.

Avoid ejaculation for about 7 days. Thereafter, regular ejaculation helps clear remaining sperm.

5 POSSIBLE COMPLICATIONS

Most men recover without major problems. Possible complications include:

- Bleeding or scrotal haematoma
- Wound infection
- Sperm granuloma or epididymal congestion
- Persistent scrotal pain
- Anaesthetic complications
- Persistent sperm due to failure/recanalisation
- Rare late pregnancy despite previous clearance
- Occasionally a repeat vasectomy is required

SEEK URGENT MEDICAL HELP FOR

Rapidly increasing scrotal swelling
Heavy or persistent bleeding
Fever, pus or spreading redness
Severe or worsening pain
Feeling significantly unwell

6 SEMEN ANALYSIS

Provide a semen sample at about 12 weeks (3 months) after surgery and after at least 20 ejaculations, following the pathology laboratory's collection instructions.

Continue contraception until Dr Schoeman's rooms confirm clearance. A repeat sample may be required if sperm persist.